



# How you manage money

## Summary

- Money has a real transactional value as well as a symbolic value
- You will have particular associations with money depending on what you learned when growing up.
- You will have different ideas about how to spend your money.
- Money can determine power (im)balances in the relationship.
- It helps to sit down and have agreement on how you want to spend your money jointly and separately.
- Money can bring on shame if there is a lack of it.